

THE 2023 INTERNATIONAL LABORATORY



freezer challenge



WHAT IS THE FREEZER CHALLENGE?

The International Institute for Sustainable Laboratories (I²SL) and My Green Lab are partnering for the seventh year in a row to coordinate the International Laboratory Freezer Challenge. Designed to promote best practices in cold storage management for laboratories around the world, the Freezer Challenge harnesses a spirit of competition to achieve greater energy efficiency, sample integrity, and sample access.

WHAT SHOULD I KNOW BEFORE I SIGN UP?

WHO: All laboratories from all sectors that have cold storage.

WHEN: January 1 to July 1, 2023. Scoresheets will be accessible starting January 1. You can count any actions you've taken from August 1, 2022 to July 1, 2023 on your scoresheet for points.

REGISTER: At www.freezerchallenge.org

COST: It's free upon online registration

AWARDS: Winners receive plaques or certificates and get acknowledged in an online publication. They also get recognized at the I²SL Conference.

QUESTIONS? Contact info@mygreenlab.org

WHY PARTICIPATE?

Have impact! Participants in the 2022 Freezer Challenge saved a combined 9.5 million kWh/year as a result of their actions—equal to avoiding 6700 metric tons of carbon dioxide emissions. Get your laboratory engaged with doing science in more sustainable ways! The Freezer Challenge benefits your research *and* the planet.

FOCUS AREAS



Good
Management
Practices



Temperature
Tuning



Unit Retirements,
Upgrades, and Unplugs



Cutting Edge
Practices



Freezer and
Sample
Inventories

Rise to the Challenge!
Sign up at www.freezerchallenge.org

**Participants will be invited to a popsicle
party in July to celebrate!**

SPONSORS

